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She is the author of *Resonance of Emptiness: A Buddhist Inspiration for a Contemporary Psychotherapy* (RoutledgeCurzon, 2001) and coeditor of *The Psychology of Awakening* (Samuel Weiser, 2001). She is currently associated with The Karuna Institute and Sharpham College of Buddhism and Contemporary Inquiry, and a member of the editorial board of *Contemporary Buddhism*.

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Concurrently she attained a first class honors degree followed by a doctorate in the field of Buddhist Studies at the School of Oriental and African Studies of London University. She is the author of Resonance of Emptiness: A Buddhist Inspiration for a Contemporary Psychotherapy (RoutledgeCurzon, 2001) and coeditor of The Psychology of Awakening (Samuel Weiser, 2001).

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